



# 2024 Live Healthy Iowa Kids Track Championships

## State Meet Information

### Saturday, June 1, 2024

#### Location

Marshalltown High School Track, 1602 S. 2nd Ave., Marshalltown. Gates open at 8:00 am.

#### SCHEDULE\* – Refer to the Order of Events sheet. Events will run continuously.

8:45 am	Field Events begin
9:30 am	1 <sup>st</sup> Session Running Events begin
10:30 am	Parade of Athlete
	2 <sup>nd</sup> Session Running Events begin <u>immediately following</u> the Parade of Athletes

\*All times are approximate, and events may occur earlier or later depending upon the number entries, etc. It is important that all athletes arrive by 10:30 am.

#### ATHLETE CHECK-IN

Upon arrival, athletes must check-in at the table located under the south bleachers to receive their T-shirt and needed information. After 10:30 am, the check-in table will be located at the west end of the bleachers. Please note, all athletes must arrive by 10:30 am.

Tentative heat assignments will be posted by 5:00 pm, Friday May 31, at [www.livehealthyiowakidstrack.org](http://www.livehealthyiowakidstrack.org). *Final heat assignments will be posted at the meet.*

#### CALL FOR EVENTS

Announcements will be made throughout the track meet to provide information about upcoming events, where participants should report, etc. *Athletes must enter the track area through the northwest gate. Look for the orange Live Healthy Iowa flag. Only athletes are allowed on the track, the infield area and the softball throw area.*

#### DETERMINATION OF FINALISTS

Athletes participating in the 50m dash and 100m dash will first run preliminary races in the 1<sup>st</sup> Session. These races will be used to determine the top eight qualifiers, in each division for the final races where awards are given. When finalists have been determined, it will be announced and posted on the north wall of the concession stand near the information tent. Finals will be run in the 2<sup>nd</sup> Session, following the Parade of Athletes.

#### RULES WORTH NOTING

- No track spikes allowed. Gym/running shoes only.
- Participants may not wear sunglasses (unless prescription).
- Athletes can only participate **in one local LHIK Track meet**. If it is discovered that an athlete ran in more than one local meet, he/she will be disqualified.

#### AWARDS

Once results are verified, winners will be announced, and awards can be picked up at the awards tent. A podium for photo opportunities will be available next to the information tent.

### **PARADE OF ATHLETES**

At 10:30 am, athletes should report to the northwest part of the track. A representative will have a sign with the qualifying city on it to aid in organizing the parade of athletes. Please wear your Live Healthy Iowa Kids Track Championship T-shirt for this ceremony.

### **NO COOLERS WILL BE ALLOWED IN THE FACILITY**

Concessions will be available on site. Athletes may carry in a water jug/thermos type of container. Water is available to athletes in the competition areas.

### **GATE ADMISSION**

A \$3.00 admission will be charged for everyone ages 15 and older. Meet participants are free.

### **MARSHALLTOWN LODGING, RESTAURANTS & ACTIVITIES**

Go to [www.marshalltown.org](http://www.marshalltown.org) for more information about lodging and restaurants. There is a campground in Marshalltown in Riverview Park, on Highway 14 (no reservations taken). The Marshalltown Family Aquatic Center features three slides and a lazy river; open 1:00-6:00 p.m. Kids showing their 2024 LHIK Track Championship T-shirt will get free admission on June 1.

### **ADDITIONAL QUESTIONS**

Contact Marshalltown Parks and Recreation, 641-754-5715, or email [precoffice@marshalltown-ia.gov](mailto:precoffice@marshalltown-ia.gov)

### **STATE MEET STAFF**

LHIK Track State Coordinator	Jenni Hart, Marshalltown Parks & Recreation
Championship Meet Director	Doug Bacon, Marshalltown High School